## MAPEH (Health) – GRADE VI – 4<sup>th</sup> QUARTER

**Content Standard:** Understands the concepts and principles of selecting and using consumer health products.

**Most Essential Learning Competencies Duration**/ K to 12 CG Presented Practicing Mastery Activity / Rating Code / **Observations** Date Date / s Date / s Date / s Reference (Remarks) Material Explains the importance of consumer health Week 1 Explains the different components of consumer Week 2 health. Differentiates over- the- counter from prescription Week 3-4 medicines. Gives example of over the counter and prescription medicines Explains the uses of some over the counter and Week 5 prescription medicines. Identifies the common propaganda techniques used Week 6 in advertising. Analyzes packaging and labels of health products. Week 7 Practices good decision making skills in the selection Week 8 of health products. Discusses ways to protect oneself from fraudulent Week 9-10 health products.

Performance Standard: Consistently demonstrates critical thinking skills in the selection of health products.