

**MAPEH (Health) – GRADE V – 4<sup>th</sup> QUARTER****Content Standard:** Demonstrates understanding of basic first aid principles and procedures for common injuries.**Performance Standard:** Practices appropriate first aid principles and procedures for common injuries.

<b>Most Essential Learning Competencies</b>	<b>Duration/ Date</b>	<b>K to 12 CG Code / Reference Material</b>	<b>Presented Date / s</b>	<b>Practicing Date / s</b>	<b>Mastery Date / s</b>	<b>Activity / Observations (Remarks)</b>	<b>Rating</b>
Explains the nature and objectives of first aid.	Week 1						
Discusses basic first aid principles.	Week 2						
Demonstrates appropriate first aid for common injuries or conditions.	Week 3 – 8						