

**MAPEH (Health) – GRADE IV – 3<sup>rd</sup> QUARTER****Content Standard:** Demonstrates understanding of the proper use of medicines to prevent misuse and harm to the body**Performance Standard:** Practices the proper use of medicines

| <b>Most Essential Learning Competencies</b>   | <b>Duration/<br/>Date</b> | <b>K to 12 CG<br/>Code /<br/>Reference<br/>Material</b> | <b>Presented<br/>Date / s</b> | <b>Practicing<br/>Date / s</b> | <b>Mastery<br/>Date / s</b> | <b>Activity /<br/>Observations<br/>(Remarks)</b> | <b>Rating</b> |
|---|---------------------------|---|-------------------------------|--------------------------------|-----------------------------|--|---------------|
| Describes uses of medicines.  | Week 1                    |   |                               |                                |                             |  |               |
| Differentiates prescription from non-prescription medicines.  | Week 2                    |   |                               |                                |                             |  |               |
| Describes the potential dangers associated with medicine misuse and abuse.  | Week 3 to<br>Week 4       |   |                               |                                |                             |  |               |
| Describes the proper use of medicines.  | Week 5 to<br>Week 6       |   |                               |                                |                             |  |               |
| Explains the importance of reading drug information and labels, and other ways to ensure proper use of medicines. | Week 7 to<br>Week 8       |   |                               |                                |                             |  |               |