

**MAPEH (Health) – GRADE III – 3<sup>rd</sup> QUARTER**

**Content Standard:** Demonstrates understanding of factors that affect the choice of health information and products.

**Performance Standard:** Demonstrates critical thinking skills as a wise consumer

Most Essential Learning Competencies	Duration/ Date	K to 12 CG Code / Reference Material	Presented Date / s	Practicing Date / s	Mastery Date / s	Activity / Observations (Remarks)	Rating
Defines a consumer	Week 1						
Explain the components of consumer health							
Discusses the different factors that influence choice of goods and services	Week 3 – 4						
Describes the skills of a wise consumer	Week 5-6						
Demonstrates consumer skills for given simple situations							
Identifies basic consumer rights	Week 7 – 8						
Practices basic consumer rights when buying							
Discusses consumer responsibilities.	Week 9						
Identifies reliable sources of health information.	Week 10						