

MAPEH (Health) – GRADE II – 4th QUARTER**Content Standard:** Demonstrates an understanding of rules to ensure safety at home and in school.**Performance Standard:** Demonstrates consistency in following safety rules at home and in school.

| Most Essential Learning Competencies | Duration/ Date | K to 12 CG Code / Reference Material | Presented Date / s | Practicing Date / s | Mastery Date / s | Activity / Observations (Remarks) | Rating |
|------------------------------------------------------------------------------------------------------------------------------------|---------------------------|---------------------------------------------------------|-------------------------------|--------------------------------|-----------------------------|--------------------------------------------------|---------------|
| Discusses one's right and responsibilities for safety. | Week 1 | | | | | | |
| Identifies hazardous areas at home. | Week 2 | | | | | | |
| Identifies hazardous household products that are harmful if ingested, or inhaled, and if touched especially electrical appliances. | Week 3 | | | | | | |
| Recognizes warning labels that identify harmful things and substances. | Week 4 | | | | | | |
| Explains rules for the safe use of household chemicals. | Week 5 | | | | | | |
| Follows rules for home safety. | Week 6-8 | | | | | | |