

MAPEH (Health) – GRADE II – 2nd QUARTER**Content Standard:** Demonstrates understanding of the proper ways of taking care of the sense organs.**Performance Standard:** Consistently practices good health habits and hygiene for the sense organs.

Most Essential Learning Competencies	Duration/ Date	K to 12 CG Code / Reference Material	Presented Date / s	Practicing Date / s	Mastery Date / s	Activity / Observations (Remarks)	Rating
Describes ways of caring for the eyes, ears, nose, hair and skin in order to avoid common childhood health conditions	Week 1 to Week 4						
Describes ways of caring for the mouth/teeth	Week 5 to Week 6						
Displays self-management skills in caring for the sense organs	Week 7						